

Rituale



Beratung, Entwicklung, Leitung

Johanna Neußl

Senses and sensemaking in ritual work

There is a deep yearning in every human being for meaningful ceremonies and rituals for all big events in life such as birth, wedding, death. In everyday life and in the course of the year, there are also numerous possibilities to give depth and meaning to life through rituals, and to be tied into the flow of nature / the day.

Rituals have a very special potential. They can create the feeling of connectedness. Feeling connected is a deep experience of sensemaking. Sensemaking here is meant as knowledge of the meaning of life, of orientation and direction.

In order to experience the depth and significance of life in the ritual, it is necessary to consciously and seriously engage in a ritual. Since one cannot think rituals, but can only DO them, symbols and symbolic actions are of great importance. Thereby addressing many of our senses is the task of a professional ritual design.

In the presentation we will investigate which levels of connectedness will lead to meaningful experiences in the ritual, and which crucial role the senses as our channels of perception play in the ritual activities.

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